SPRING 2023 EVENTS
*Events marked with an asterisk are virtual

WEEK 1
Effective Job Search Strategies Thursday, April 6 | 3pm – 4pm

WEEK 2
Nature Walk Journaling: Finding Yourself in Your Career Tuesday, April 11 | 12:30pm – 1:30pm
Careers in Service* Tuesday, April 11 | 4pm – 5pm
Prep with a Pro: Mastering the Art of Resumes & Cover Letters* Wednesday, April 12 | 11am – 12pm
resume+ Thursday, April 13 | 2pm – 4pm

WEEK 3
Prep With a Pro: Tips to Master Networking* Tuesday, April 18 | 11am – 12pm
Spring Job + Internship Fair Thursday, April 20 | 10am – 2pm
Career Fair Tours Thursday, April 20 | 11am – 1:30pm
Teacher Education Program Mixer Thursday, April 20 | 4pm – 5:30pm

WEEK 4
Gain Experience Tuesday, April 25 | 11am – 12pm
Nature Walk Journaling: Finding Yourself in Your Career Tuesday, April 25 | 12:30pm – 1:30pm
Managing Anxiety Over What’s Next?: Exploring Your VIPS Tuesday, April 25 | 5pm – 6pm
Bedside Ultrasound: An Innovation Changing the Face of Medicine Thursday, April 27 | 1:30pm – 2:30pm
How to Gain Experience in Film and Media* Friday, April 28 | 12pm – 1pm

WEEK 5
Prep With a Pro: Interview Preparation, Tips, and Strategies* Wednesday, May 3 | 11am – 12pm

WEEK 6
Exploring Majors Tuesday, May 9 | 11am – 12pm
Nature Walk Journaling: Finding Yourself in Your Career Tuesday, May 9 | 12:30pm – 1:30pm
Managing Anxiety Over What’s Next?: Exploring Job Opportunities Tuesday, May 9 | 5pm – 6pm
Networking in the 805 Mixer Wednesday, May 10 | 11am – 1pm

WEEK 7
End of Year Job + Internship Fair Wednesday, May 17 | 1pm – 4pm

WEEK 8
Explore Grad School Wednesday, May 24 | 12pm – 1pm
WORKSHOPS

**Effective Job Search Strategies**

Thursday, April 6 | 3pm – 4pm  
*Location: Career Resources Room*

Learn about targeting, networking, and online resources for a successful job search.

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**Careers in Service: TFA, City Year, PeaceCorps**

Tuesday, April 11 | 4pm – 5pm  
*Location: Virtual*

There are few things that feel better than making a difference. Join representatives from City Year, Peace Corps and Teach For America as they discuss what their organizations do, how they make a difference, and how meaningful it is to work for a greater purpose.

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**Nature Walk Journaling: Finding Yourself in Your Career**

Tuesday, April 11 | 12:30pm – 1:30pm  
Tuesday, April 25 | 12:30pm – 1:30pm  
Tuesday, May 9 | 12:30pm – 1:30pm  
*Location: SRB, MPR*

Exploring your values, opinions, and personality traits in writing can teach you more about who you are as a person. In this workshop, we will focus on strategies for exploring different fields of interest, and strategies for reflecting on your skills! We’ll start by taking a short walk to ease our minds (while we take in the beautiful surroundings), find a quiet space to write, then work on some reflective prompts. Feel free to bring your personal journals, though journals and writing tools will be provided.

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**Gain Experience**

Tuesday, April 25 | 11am – 12pm  
*Location: Career Services Room 1109*

Learn more about different types of experience, strategies to start connecting experiences for long-term goals, and tools for helping to get you started!

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*Click on each event for more information in Handshake. Registration for events is highly recommended but not required to attend.*
WORKSHOPS

Managing Anxiety over What’s Next?: Exploring Your VIPS

Tuesday, April 25 | 5pm – 6pm
Location: Career Services Room 1109

Are you feeling anxious about exploring career options? Graduating soon and not sure what positions to search for? Join Counseling and Psychological Services (CAPS) and Career Services for a group workshop focused on how to deal with the anxiety over what career pathway to choose. We will be discussing ways to explore your VIPS – your values, interests, personality, and skills. In this group, we’ll review and discuss strategies on how to cope with anxious feelings in a healthy and productive way, and how to find the opportunities that would be fulfilling.

Bedside Ultrasound: An Innovation Changing the Face of Medicine

Thursday, April 27 | 1:30pm – 2:30pm
Location: Career Services Room 1109

Come connect with Cottage Health Residents and learn about their paths and experiences towards residency. Explore developing medical practices currently used in clinical settings and see first hand Butterfly Ultrasound device in action, a innovative device which has provided more accessible imaging for patients.

How to Gain Experience in Film and Media

Friday, April 28 | 12pm – 1pm
Location: Virtual

Come join us virtually to learn about the ways you can gain experience in the industries of Film and Media!

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WORKSHOPS

Exploring Majors

Tuesday, May 9 | 11am – 12pm
Location: Career Resource Room (CRR)
Learn strategies on how to navigate major selection and discover career options.

Managing Anxiety over What’s Next?: Exploring Job Opportunities

Tuesday, May 9 | 5pm – 6pm
Location: Career Services Room 1109
Are you feeling anxious about job searching? Graduating soon and not sure how to begin? Join Counseling and Psychological Services (CAPS) and Career Services for a group workshop focused on how to deal with the anxiety over the job search process. In this group, we will review and discuss strategies on how to cope with anxious feelings in a healthy way and how to effectively search for jobs.

Explore Grad School

Wednesday, May 24 | 12pm – 1pm
Location: Career Resource Room (CRR)
Learn the skills and tools needed to understand the application process.

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**Workshops**

Hosted by Employers

**Prep with a Pro: Mastering the Art of Resumes and Cover Letters with L’Oreal**

**Wednesday, April 12 | 11am – 12pm**
**Location: Virtual**

Representatives from L’Oreal will be presenting the first workshop in our Spring Prep with a Pro series and will share their perspectives on what makes an impressive professional resume and cover letter. You will learn the process of writing these key documents, including targeting, style, and format.

**Prep with a Pro: Interview Prep, Tips and Strategies with Enterprise Holdings**

**Wednesday, May 3 | 11am – 12pm**
**Location: Virtual**

Join representatives from Enterprise Holdings at our third workshop in the Spring Prep with a Pro series and learn the basics of interviewing. Representatives will review the types of interviews, how to prepare for an interview, proper dress, considerations for virtual interviewing and follow-up protocol.

**Prep with a Pro: Tips to Master Networking with Amazon Alexa**

**Tuesday, April 18 | 11am – 12pm**
**Location: Virtual**

Join representatives from Amazon Alexa at the second event of our Spring Prep with a Pro series to learn the importance of networking as part of the job search process. Representatives will discuss when and where networking takes place, considerations on how to engage in networking comfortably, and how to follow up after networking conversations. Information on using LinkedIn to network will also be shared.

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FAIRS

Spring Job + Internship Fair

Thursday, April 20 | 10am – 2pm
Location: Events Center (Thunderdome)

Looking to spring into summer with your next career step? The Spring Job + Internship Fair provides an exclusive and in-person space for UCSB students to connect with employers hiring part-time and full-time positions.

Career Fair Tours

Thursday, April 20 | 11am – 1:30pm
Location: Events Center (Thunderdome)

Never been to a career fair before? Feel anxious attending a career fair? Join a small group of students to tour the Events Center and learn what a career fair is all about, what benefits it offers and how best to maximize your time with employers.

End of Year Job + Internship Fair

Wednesday, May 17 | 1pm – 4pm
Location: Corwin Pavillion

To help you fulfill your career goals over summer break, this one-day event offers you an additional opportunity to connect with employers hiring for part-time and full-time positions, in an exclusive and in-person space for UCSB students.

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**EVENTS**

**resume+**

**Teacher Education Program Mixer**

**Networking in the 805**

*Click on each event for more information in Handshake. Registration for events is highly recommended but not required to attend.*
**Internship Scholarship Program**

**Application Dates**  
*March 27 - April 14*

Internship experience supports career exploration and improves job prospects after graduation, in addition to providing an important financial benefit to students. However, not all internships are paid, which can create barriers to participation. The Internship Scholarship Program is intended to increase student access to experiential learning, supporting preparation for the job market and helping offset potential financial hardships associated with unpaid internships.

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**Career Peer Advisor Recruitment**

**Application Dates**  
*April 3 - April 21*

Want to join a fantastic team that helps all students in the UCSB Community? Consider being a Career Peer Advisor. As a Career Peer Advisor, you serve as the first point-of-contact for students as they engage with Career Services; this includes areas of direct student service, administration, and program/project development.